## Stoke Hill Infant and Nursery School Summer 2022 Menu

M Main meal. V Vegetarian option. D Dessert.
Jacket potatoes are offered every day with a choice of filling: tuna, cheese,
baked beans or just plain.
Wholemeal bread, pasta, milk and water are available daily.
Fresh fruit salad and yoghurts are available daily as a dessert alternative.
 H = Halal

|  | Week 1 | Week 2 | Week 3 |
| :---: | :---: | :---: | :---: |
| Monday | MEAT FREE MONDAY <br> MF. (1) Pasta with a choice of toppings, baked beans, cheese or tomato sauce MF. (2) Cheese and Spinach Omelette Served with peas and carrots <br> D. Iced Sponge and Orange Squash | MEAT FREE MONDAY <br> MF. (1) Cheese and Tomato Pizza or MF. (2) Baked Beans on Toast Served with potato wedges, carrots and sweetcorn D. Mango Flapjack and Orange Squash | MEAT FREE MONDAY MF. (1) Creamy Cheese and Brocolli Pasta Bake or MF. (2) Vegetable Chilli with Rice Served with sweetcorn and carrots <br> D. Chocolate Shortcake and Orange Squash |
| Tuesday | M. Mini Crispy Chicken Fillets <br> V. Vegan Nuggets <br> H. Mini Crispy Chicken Fillets <br> Served with pasta, baked beans or peas <br> D. Blueberry Pancakes | M. Pork Sausage <br> V. Vegetarian Sausage <br> H. Chicken Sausage <br> Served with pasta, baked beans or peas <br> D. Mandarin Oranges and Ice Cream | M. Beef Pasta Bolognaise <br> V. Quorn Pasta Bolognaise <br> H. Beef Pasta Bolognaise <br> Served with garlic bread and mixed vegetables <br> D. Fruit Cocktail and Ice Cream |
| Wednesday | M. Roast Pork <br> V. Vegetarian Roast Served with roast potatoes or creamy mash, carrots, sweetcorn, gravy D. Summer Fruit Crumble and Ice Cream | M. Roast Chicken <br> V. Vegetable Lentil Loaf Served with roast potatoes or creamy mash, carrots, green beans and gravy D. Chocolate Rice Crispie Slice | M Roast Turkey <br> V. Golden Vegetable <br> Burger <br> Served with roast potatoes or creamy mash, carrots, peas, and gravy <br> D. Fruit Jelly |
|  | M. All Day Breakfast with Sausage, Bacon, Hash brown <br> V. Vegetarian Sausage with Hash Brown Served with baked beans or optional veg <br> D. Raspberry Topped Angel Delight | M. Beef Bobotie <br> V. Quorn Bobotie Served with rice and seasonal vegetables D. Sticky Toffee Pudding and Custard | M. Pork Sausage Roll <br> V. Cheese and Tomato Pizza Muffin <br> Served with potato wedges, baked beans or sweetcorn <br> D. Pineapple Sponge and Custard |
| Friday | Bag a lunch <br> M. Fish Bites <br> V. Vegan Sausage Roll Served with golden fries or pasta, vegetable sticks and tomato ketchup <br> D. Chocolate Drop Cookie and Milkshake | Bag a lunch <br> M. Breaded Fish <br> V. Vegetable Burger <br> Served with golden fries or pasta, vegetable sticks and tomato ketchup <br> D. Oatie Crunchy Cookie and Milkshake | Bag a lunch <br> M. Fish Fingers <br> V. Vegetable Sausage Served with golden fries or pasta, vegetable sticks and tomato ketchup <br> D. Golden Flapjack and Milkshake |


|  | Week | 1 |  |
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| $=\mathbf{M}$ |  |  |  |
|  | $\mathbf{T}$ | 26 |  |
|  | $\mathbf{W}$ | 27 |  |
|  | $\mathbf{T}$ | 28 |  |
|  | $\mathbf{F}$ | 29 |  |


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| $\sum_{\mathrm{I}}^{\mathrm{I}}$ |  | 9 | 16 | 23 |  |  |
|  | 3 | 10 | 17 | 24 |  |  |
|  | 4 | 11 | 18 | 25 |  |  |
|  | 5 | 12 | 19 | 26 |  |  |
|  | 6 | 13 | 20 |  |  |  |


| Week | 3 | 1 | 2 | 3 |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |
| $\mathbf{M}$ | 6 | 13 | 20 | 27 |  |
| $\mathbf{T}$ | 7 | 14 | 21 | 28 |  |
|  | $\mathbf{W}$ | 8 | 15 | 22 | 29 |
| $\mathbf{T}$ | $\mathbf{9}$ | 16 | 23 | $\mathbf{3 0}$ |  |
|  | $\mathbf{F}$ | $\mathbf{1 0}$ | 17 | 24 |  |


|  | Week | 3 | 1 | 2 | 3 |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |
|  | $\mathbf{M}$ |  | 4 | 11 | 18 |
|  | $\mathbf{T}$ |  | 5 | 12 | 19 |
|  | $\mathbf{W}$ |  | 6 | 13 | 20 |
|  | $\mathbf{T}$ |  | 7 | 14 | 21 |
|  | $\mathbf{F}$ | 1 | 8 | 15 | 22 |

