



# Stoke Hill Infant and Nursery School Autumn 2022 Menu

M Main meal. V Vegetarian option. D Dessert.




Jacket potatoes are offered every day with a choice of filling: tuna, cheese, baked beans or just plain.

Wholemeal bread, pasta, milk and water are available daily.

Fresh fruit salad and yoghurts are available daily as a dessert alternative.

**H = Halal Option**



	Week 1	Week 2	Week 3
<b>Monday</b> 	<b>M. Pork Sausages</b> <b>V. Vegetable Sausages</b> <b>Served with potato wedges</b> <b>baked beans or sweetcorn</b> <b>D. Golden Flapjack and</b> <b>Orange Squash drink</b>	<b>M. Pork Sausage Rolls</b> <b>V. Vegan Sausage Rolls</b> <b>Served with pasta, baked</b> <b>beans or peas</b> <b>D. Chocolate Shortcake</b> <b>and Orange Squash</b>	<b>M. Ham and Cheese Pizza</b> <b>V. Baked Beans on Toast</b> <b>Served with potato wedges,</b> <b>vegetable sticks and peas</b> <b>D. Mango Flapjack and</b> <b>Orange Squash</b>
<b>Tuesday</b> 	<b>M. Chicken Biryani and</b> <b>Naan Bread</b> <b>H. Chicken Biryani and</b> <b>Naan Bread</b> <b>V. Pasta with a choice of</b> <b>topping – baked beans or</b> <b>cheese</b> <b>Served with peas and</b> <b>sweetcorn</b> <b>D. Sticky Toffee Pudding</b> <b>and Ice Cream</b>	<b>M. Beef Meatballs in</b> <b>Tomato Sauce</b> <b>H. Beef Meatballs in</b> <b>Tomato Sauce</b> <b>V. Cheese and Tomato</b> <b>Pizza</b> <b>Served with potato wedges,</b> <b>peas and sweetcorn</b> <b>D. Pineapple Sponge and</b> <b>Custard</b>	<b>M. Beef Lasagne</b> <b>V. Vegetable Lasagne</b> <b>Served with garlic bread</b> <b>and seasonal vegetables</b> <b>D. Fruit Cocktail and Ice</b> <b>Cream</b>
<b>Wednesday</b> 	<b>M. Roast Turkey</b> <b>V. Vegetable Burger</b> <b>Served with roast potatoes</b> <b>or creamy mash, carrots,</b> <b>peas and gravy</b> <b>D. Blueberry Pancakes</b>	<b>M. Roast Chicken</b> <b>V. Broccoli and</b> <b>Cauliflower Cheesy Bake</b> <b>Served with roast potatoes</b> <b>or creamy mash, carrots,</b> <b>green beans and gravy</b> <b>D. Fruity Jelly</b>	<b>M Roast Gammon</b> <b>V. Vegetarian Roast</b> <b>Served with roast potatoes</b> <b>or creamy mash, carrots,</b> <b>sweetcorn, and gravy</b> <b>D. Chocolate Cracknell</b> <b>Slice</b>
<b>Thursday</b> 	<b>M. Beef Bolognaise</b> <b>V. Quorn Bolognaise</b> <b>Served with pasta and</b> <b>seasonal vegetables</b> <b>D. Iced Carrot Cake Slice</b>	<b>M. Shepherd's Pie</b> <b>V. Quorn Shepherd's Pie</b> <b>Served with seasonal</b> <b>vegetables</b> <b>D. Peach Melba</b>	<b>M. All Day Breakfast with</b> <b>Sausage, Bacon, hash</b> <b>browns</b> <b>V. Vegetarian Sausage with</b> <b>hash browns</b> <b>Served with baked beans</b> <b>or optional veg</b> <b>D. Raspberry Shortcake</b>
<b>Friday</b> 	<b><u>Bag a lunch</u></b> <b>M. Fish Fingers</b> <b>V. Vegan Golden Nuggets</b> <b>Served with golden fries or</b> <b>pasta, vegetable sticks and</b> <b>ketchup</b> <b>D. Oatie Crunchie Cookie</b> <b>and Milkshake</b>	<b><u>Bag a lunch</u></b> <b>M. Breaded Fish</b> <b>V. Vegetarian Sausage</b> <b>Served with golden fries or</b> <b>pasta, vegetable sticks and</b> <b>ketchup</b> <b>D. Chocolate Brownie and</b> <b>Milkshake</b>	<b><u>Bag a lunch</u></b> <b>M. Fish Bites</b> <b>V. Vegan Sausage Roll</b> <b>Served with golden fries or</b> <b>pasta, vegetable sticks and</b> <b>ketchup</b> <b>D. Custard Biscuit and</b> <b>Milkshake</b>

Week	1	2	3	1	2	3	1	2	3	1	2	3	1	2	3
Monday	5	12	19	26	3	10	17	24	31	7	14	21	28	5	12
Tuesday	6	13	20	27	4	11	18	25		8	15	22	29	6	13
Wednesday	7	14	21	28	5	12	19	26		9	16	23	30	7	14
Thursday	8	15	22	29	6	13	20	27		10	17	24		8	15
Friday	9	16	23	30	7	14	21	28		11	18	25		9	16