



Stoke Hill Infant and Nursery School Autumn 2021 Menu

M Main meal. V Vegetarian option. D Dessert.

Jacket potatoes are offered every day with a choice of filling: tuna, cheese, baked beans or just plain.

Wholemeal bread, pasta, milk and water are available daily.

Fresh fruit salad and yoghurts are available daily as a dessert alternative.

(H) = Halal Option available



	Week 1	Week 2	Week 3
Monday 	MEAT FREE MONDAY MF. (1) Cheese and Tomato Pizza Served with potato wedges or MF. (2) Baked Beans on Toast Peas and sweetcorn D. Sticky Toffee Pudding and Custard Orange Squash drink	MEAT FREE MONDAY MF. (1) Pasta with a choice of toppings: Beans, Tomato Sauce or Cheese or MF. (2) Cheese and Tomato Quiche, pasta, mixed vegetables D. Fruity Flapjack and Orange Squash	MEAT FREE MONDAY MF. (1) Baked and mixed Bean Chilli with Rice or MF. (2) Macaroni Cheese with Crusty Bread Peas and sweetcorn D. Chocolate Rice Krispie Cake
Tuesday 	M. Pork Sausages V. Vegetarian Sausages H. Chicken Sausages Served with pasta, baked beans and mixed vegetables D. Shortcake Slice and Orange Squash	M. Crispy Chicken Nibbles V. Vegetable Nuggets H. Crispy Chicken Nibbles Served with potato wedges, baked beans or sweetcorn D. Raspberry Sponge and Custard	M. Beef Bolognaise V. Quorn Bolognaise H. Beef Bolognaise Served with pasta, peas and sweetcorn D. Blueberry Muffin and Custard
Wednesday 	M. Roast Chicken V. Vegetarian Roast Served with roast potatoes or creamy mash, carrots, green beans and gravy D. Fruit Cocktail and Ice Cream	M. Roast Pork V. Leek and Potato Cheesy Bake Served with roast potatoes or creamy mash, carrots, peas, gravy D. Fruity Jelly (V)	M Roast Turkey V. Vegetable Burger Served with roast potatoes or creamy mash, carrots, peas, and gravy D. Peach Melba
Thursday 	M. Bobotie (mince bake with cheese topping) V. Quorn Bobotie (mince bake with cheese topping) Served with rice and seasonal vegetables D. Iced Carrot Cake	M. Lamb Shepherd's Pie V. Quorn Shepherd's Pie Served with mixed vegetables D. Apple and Cherry Crumble with Ice Cream	M. All Day Breakfast with Sausage, Bacon, hash browns V. Vegetarian Sausage with hash browns Served with baked beans or optional veg D. Banana Angel Delight with Sliced Banana
Friday 	<u>Bag a lunch</u> M. Fish Bites V. Cheese Salad Wrap Served with golden fries, vegetable sticks and ketchup D. Crunchy Oat Cookie and Milkshake	<u>Bag a lunch</u> M. Breaded Fish V. Vegetarian Sausage Served with golden fries, vegetable sticks and ketchup D. Custard Biscuit and Milkshake	<u>Bag a lunch</u> M. Fish Fingers V. Vegan Sausage Roll Served with golden fries, vegetable sticks and ketchup D. Chocolate Shortcake and Milkshake

Week		1	2	3	1		1	2	3	1		2	3	1	2	3		3	1	2
Monday			13	20	27			4	11	18		1	8	15	22	29			6	13
Tuesday		7	14	21	28			5	12	19		2	9	16	23	30			7	14
Wednesday		8	15	22	29			6	13	20		3	10	17	24			1	8	15
Thursday		9	16	23	30			7	14	21		4	11	18	25			2	9	16
Friday		10	17	24			1	8	15	22		5	12	19	26			3	10	17