


M Main meal £2.40. V Vegetarian option £2.40. L. Light £2.05. D Dessert. Wholemeal bread, milk and water available daily. Fresh fruit and yoghurts available daily as a dessert alternative. Packed lunches are also available at £1.95 to be ordered on the day and include a sandwich/roll (ham or cheese), a drink, yoghurt piece of fruit and cake. Exciting salad bar available with all meal choice – varied daily. Salmon is available in the salad bar on Tuesdays week 3.

	Week 1	Week 2	Week 3
Monday 	M. Beef Bolognaise V. Quorn and Mixed Bean Bolognaise Served with vegetables and rice L. Jacket Potato with cheese and/or baked beans D. Tinned fruit and custard	M. Cheese and tomato pizza baguette V. As above Served with vegetables L. Jacket potato with tuna mayo or baked beans D. Chocolate Brownie Slice	M. Toad in the Hole (pork sausages) V. As above with vegetarian sausage Served with mashed potato and peas L. Jacket Potato with cheese and/or baked beans D. Strawberry Mousse with fruit puree
Tuesday 	M. Pepperoni & Cheese Pizza V. Cheese & Tomato Pizza Served with homemade potato wedges and vegetables L. Jacket potato with Tuna Mayo or Baked Beans D. Apple Crumble & Custard	M. Beef Lasagne V. Roasted Vegetable Lasagne Served with garlic bread and vegetables L. Jacket Potato with cheese and/or baked beans D. Orange Jelly and Mandarin Oranges	M. Pork and beef meatballs in a tomato sauce V. Quorn and Mixed Beans balls in a tomato sauce Served with rice and vegetables L. Jacket potato with tuna mayo and/or cheese D. Pineapple Upside Down Pudding and Custard
Wednesday 	M. Roast Turkey. Gravy. V. Cheese Wheels with a pasta sauce Served with roast potatoes and vegetables. L. Jacket Potato with tuna mayo and/or cheese D. Various homemade fruit muffins	M. Roast Pork. Gravy Served with roast potatoes and vegetables. V. Cheese filled tortellini in pasta sauce L. Jacket potato with tuna mayo and/or cheese D. Tinned fruit and ice cream	M Roast chicken. Gravy. V. Cauliflower and Broccoli Cheese Bake Served with roast potatoes and vegetables. L. Jacket Potato with Cheese and/or baked beans D. Fruit Jelly and Ice Cream
Thursday 	M. Pasta pots with various toppings V. As above with vegetarian toppings L. Jacket Potato with Cheese and/or baked beans D. Steamed Syrup Sponge with custard	M. Pasta pots with various toppings V. As above with vegetarian toppings L. Jacket Potato with Cheese and/or baked beans with sausages D. Jam Roly Poly Pudding with custard	M. Pasta pots with various toppings V. As above with vegetarian toppings L. Jacket potato with tuna mayo and/or cheese D. Sticky Toffee Pudding and custard
Friday 	<u>Bag a lunch</u> M. Fish fingers V. Vegetarian nibbles Served with chips, salad and vegetable sticks. Ketchup. L. Turkey baguette D. Shortbread Slice	M. All day breakfast pork sausage, hash browns, baked beans, bacon V. As above with vegetarian sausages L. Tuna mayo baguette D. Chocolate cornflake crunch	<u>Bag a lunch</u> M. Fish Fingers V. Macaroni cheese bites Served with chips, salad and vegetable sticks. Ketchup. L. Chicken baguette D. Various Homemade Cookies

Week		1	2	3	1		2	3	1		2	3	1	2	3		3
Mon	January	4	11	18	25	February	1	8	22	March	1	8	15	22	29	April	
Tues		5	12	19	26		2	9	23		2	9	16	23	30		
Wed		6	13	20	27		3	10	24		3	10	17	24	31		
Thu		7	14	21	28		4	11	25		4	11	18	25			1
Fri		8	15	22	29		5	12	26		5	12	19	26			

Dairy Free and Wheat/Gluten Free options of the menu are always available.