



# Stoke Hill Infant and Nursery School Spring 2019 Menu

M Main meal. V Vegetarian option. D Dessert.

Jacket potatoes are offered every day with a choice of filling from tuna, cheese, baked beans or just plain.

Wholemeal bread, Couscous, milk and water available daily.

Fresh fruit salad and yoghurts available daily as a dessert alternative.

(H) = Halal Option available



	Week 1	Week 2	Week 3
<b>Monday</b> 	<b>M. Pork Sausages (H)</b> <b>V. Beans on Toast</b> <b>Served with Potato Wedges or Pasta, peas or baked beans</b> <b>D. Flapjack</b>	<b>M Beef Bolognese and Spaghetti (H)</b> <b>V. Vegetarian Chilli and Rice. Served with peas &amp; carrots</b> <b>D. Chocolate Cornflake Crunch</b>	<b>M. Chicken Bites with optional dip and Rice(H)</b> <b>V. Cheese Roll, Pasta, Served with peas and sweetcorn</b> <b>D. Fruity Flapjack</b>
<b>Tuesday</b> 	<b>M. Beef Lasagne</b> <b>V. Quorn Lasagne</b> <b>Served with Garlic Bread and mixed vegetables</b> <b>D. Pineapple Sponge with Custard</b>	<b>M. Pork Sausage Roll</b> <b>V. Cheese and Tomato Omelette</b> <b>Served with Pasta, baked beans or sweetcorn</b> <b>D. Fruity Crumble with Custard</b>	<b>M. Beef Cottage Pie</b> <b>V. Vegetable and Lentil Curry and Rice</b> <b>Seasonal vegetables</b> <b>D. Lemon Drizzle Cake</b>
<b>Wednesday</b> 	<b>M. Roast Chicken</b> <b>V. Cauliflower Cheese</b> <b>Served with Roast or Creamy Mashed Potatoes, carrots, green beans and gravy</b> <b>D. Fruit Filled Meringue Nest</b>	<b>M. Roast Turkey</b> <b>V. Leek, Potato and Cheese Bake</b> <b>Served with Roast or Creamed Potatoes, carrots, broccoli and gravy</b> <b>D. Fruit Jelly and Ice Cream</b>	<b>M Roast Pork</b> <b>V. Roasted Vegetable Pie</b> <b>Served with Roast and Creamed Potatoes, carrots, swede and gravy</b> <b>D. Fruit Cocktail and Ice Cream</b>
<b>Thursday</b> 	<b>M. Sliced Gammon and Pineapple</b> <b>V. Cheese and Tomato Pizza Slice</b> <b>Served with Pasta, peas and sweetcorn</b> <b>D. Chocolate Shortcake and Chocolate Sauce</b>	<b>M. All Day Breakfast – Sausage, Bacon and Baked Beans</b> <b>V. Vegetarian All Day Breakfast and Baked Beans or vegetables</b> <b>D. Sticky Toffee Pudding and Custard</b>	<b>M. Bacon Bap</b> <b>V. Welsh Egg</b> <b>Served with Pasta, baked beans or peas</b> <b>D. Chocolate and Pear Sponge and Custard</b>
<b>Friday</b> 	<u><b>Bag a lunch</b></u> <b>M. Fish Fingers</b> <b>V. Vegetarian Sausage</b> <b>Served with Golden Fries or Pasta, and vegetable sticks</b> <b>D. Custard Biscuit and Milkshake</b>	<u><b>Bag a lunch</b></u> <b>M. Breaded Fish</b> <b>V. Cheese Wheel</b> <b>Served with Golden Fries or Pasta and vegetable sticks</b> <b>D. Chocolate Cookie and Orange Juice</b>	<u><b>Bag a lunch</b></u> <b>M. Fish Bites</b> <b>V. Cheese and Tomato Pizza Muffin</b> <b>Served with Golden Fries or Pasta and vegetable sticks</b> <b>D. Oat Cookie and Milk drink</b>

January	Week	1	2	3	1	February	1	2	3	Half Term	1	March	Week	1	2	3	1	2	April	3	Break Up for Easter		
	M		14	21	28			4	11		25		M		4	11	18	25		1			
	T	8	15	22	29			5	12		26		T		5	12	19	26		2			
	W	9	16	23	30			6	13		27		W		6	13	20	27		3			
	T	10	17	24	31			7	14		28		T		7	14	21	28		4			
	F	11	18	25			1	8	15				F	1	8	15	22	29		5			