

Stoke Hill Infant and Nursery School Spring 2022 Menu

M Main meal. V Vegetarian option. D Dessert.



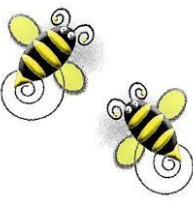

Jacket potatoes are offered every day with a choice of filling from tuna, cheese, baked beans or just plain.

Wholemeal bread, milk and water available daily.

Fresh fruit salad and yoghurts available daily as a dessert alternative.

(H) = Halal Option available



	Week 1	Week 2	Week 3
Monday 	MEAT FREE MONDAY MF. (1) Cheese and Tomato Pizza Served with potato wedges <i>or</i> MF. (2) Scrambled Egg on Toast Peas and sweetcorn D. Sticky Chocolate Pudding and Chocolate Sauce	MEAT FREE MONDAY MF. (1) Pasta with a choice of toppings: Beans, Tomato Sauce or Cheese <i>or</i> MF. (2) Vegetable and Lentil Curry with Rice Peas and sweetcorn D. Flapjack and Orange Squash	MEAT FREE MONDAY MF. (1) Macaroni Cheese with Crusty Bread MF. (2) Baked Beans on Toast Peas and carrots D. Chocolate Rice Krispie Cake and Orange Squash
Tuesday 	M. Pork Sausages V. Vegetarian Sausages H. Chicken Sausages Served with pasta, baked beans or carrots D. Shortcake and Orange Squash	M. Mini Crispy Chicken Fillet V. Vegetable Nuggets H. Mini Crispy Chicken Fillet Served with potato wedges, baked beans or peas D. Sticky Toffee Pudding and Ice Cream	M. Beef Lasagne V. Vegetable Lasagne H. Beef Lasagne Served with garlic bread and seasonal vegetables D. Iced Carrot Cake
Wednesday 	M. Roast Chicken V. Vegetable Burger Served with roast potatoes or creamy mash, carrots, green beans and gravy D. Fruit Cocktail and Ice Cream	M. Roast Pork V. Broccoli Cheese Bake Served with roast potatoes or creamy mash, carrots, sweetcorn, gravy D. Fruity Jelly (V)	M Roast Turkey V. Vegetarian Roast Served with roast potatoes or creamy mash, carrots, peas, and gravy D. Peach Melba
Thursday 	M. Beef Bobotie (mince bake with cheese topping) V. Quorn Bobotie (mince bake with cheese topping) Served with rice and mixed vegetables D. Raspberry Flapjack	M. Sausage Roll V. Vegan Sausage Roll Served with pasta, baked beans or peas D. Bramley Apple Sponge and Custard	M. All Day Breakfast with Sausage, Bacon, hash browns V. Vegetarian Sausage with hash browns Served with baked beans or optional veg D. Blueberry Pancakes
Friday 	<u>Bag a lunch</u> M. Fish Fingers V. Cheese Salad Wrap Served with golden fries, vegetable sticks and ketchup D. Custard Biscuit and Milkshake	<u>Bag a lunch</u> M. Fish Bites V. Vegetarian Sausage Served with golden fries, vegetable sticks and ketchup D. Chocolate Drop Cookie and Milkshake	<u>Bag a lunch</u> M. Breaded Fish V. Vegetable Fajita Served with golden fries, vegetable sticks and ketchup D. Crunchy Oak Cookie and Milkshake

Week	January	1	2	3	1	2	February	2	3	1	Half Term	2	March	2	3	1	2	3	April	3	1			
Monday			10	17	24	31			7	14				28		7	14	21		28			4	
Tuesday			11	18	25			1	8	15					1	8	15	22		29			5	
Wednesday		5	12	19	26			2	9	16					2	9	16	23		30			6	
Thursday		6	13	20	27			3	10	17					3	10	17	24		31			7	
Friday		7	14	21	28			4	11	18					4	11	18	25					1	8