



Stoke Hill Infant and Nursery School Autumn 2018 Menu

M Main meal. V Vegetarian option. D Dessert.

Jacket potatoes are offered every day with a choice of filling: tuna, cheese, baked beans or just plain.

Wholemeal bread, pasta, milk and water are available daily.

Fresh fruit salad and yoghurts are available daily as a dessert alternative.

(H) = Halal Option available



	Week 1	Week 2	Week 3
Monday 	M. Pork Sausages (H) Sausages V. Beans on Toast Served with Potato Wedges or Pasta, baked beans or peas D. Flapjack	M Chicken Bites with optional dip (H) Chicken Bites V. Cheese Wrap Served with Rice, peas and diced carrots D. Chocolate Crunch	M. Beef Lasagne (H) Beef Lasagne V. Vegetable Lasagne Served with Garlic Bread and mixed vegetables, D. Fruity Flapjack
Tuesday 	M. Beef Bolognaise V. Cheese Roll served with Pasta, peas and sweetcorn D. Pineapple Sponge with Custard	M. Beef Cottage Pie V. Boiled Egg, Tomato & Cheese Pasta Pot Served with seasonal vegetables D. Fruity Apple Crunch with Custard	M. Sausage Roll with Potato Wedges V. Vegetable Quiche Served with Pasta, baked beans and sweetcorn D. Iced Sponge
Wednesday 	M. Roast Chicken V. Cauliflower Cheese Served with Roast Potatoes, carrots, green beans and gravy D. Fruit Filled Meringue Nest	M. Roast Pork V. Leek and Potato Crusty Topped Bake Served with Roast Potatoes carrots, broccoli, gravy D. Fruit Jelly and Ice Cream	M Roast Turkey V. Vegetarian Roast Served with Roast Potatoes, carrots, swede and gravy D. Peach Melba
Thursday 	M. Sliced Gammon and Pineapple V. Cheese and Tomato Pizza with Pasta and baked beans or peas D. Shortcake with Custard	M. All Day Breakfast – sausage, bacon, hash brown V. Vegetarian Sausage with hash brown, baked beans and other optional vegetable D. Chocolate Sponge and Custard	M. Bacon Bap V. Welsh Egg Served with Pasta, baked beans and peas D. Sticky Toffee Pudding and Custard
Friday 	<u>Bag a lunch</u> M. Fish Fingers V. Cheese Wheel Served with Golden Fries or Pasta and vegetable sticks D. Chocolate Cookie with Milk	<u>Bag a lunch</u> M. Breaded Fish V. Cheese and Tomato Pizza slice Served with Golden Fries or Pasta and vegetable sticks D. Custard Biscuit and Strawberry Milkshake	<u>Bag a lunch</u> M. Fish Bites V. Homemade Vegetable Samosa Served with Golden Fries or Pasta and vegetable sticks D. Oat Cookie and Orange Juice

September	Week	1	2	3	1	October	2	3	1	Half Term	2	November	Week	2	3	1	2	3	December	Week	1	2	3			
	M		10	17	24		1	8	15		29		M		5	12	19	26		M	3	10	17			
	T	4	11	18	25		2	9	16		30		T		6	13	20	27		T	4	11	18			
	W	5	12	19	26		3	10	17		31		W		7	14	21	28		W	5	12	19			
	T	6	13	20	27		4	11	18				T	1	8	15	22	29		T	6	13	20			
F	7	14	21	28	5	12	19		F	2	9	16	23	30	F	7	14									