



# Stoke Hill Infant and Nursery School Autumn 2019 Menu

M Main meal. V Vegetarian option. D Dessert.

Jacket potatoes are offered every day with a choice of filling: tuna, cheese, baked beans or just plain.

Wholemeal bread, pasta, milk and water are available daily.

Fresh fruit salad and yoghurts are available daily as a dessert alternative.

(H) = Halal Option available



	Week 1	Week 2	Week 3
<b>Monday</b> 	<b>M. Beef Bolognaise</b> <b>(H) Beef Bolognaise</b> <b>V. Quorn Bolognaise</b> <b>Served with pasta, peas and sweetcorn</b> <b>D. Golden Flapjack</b>	<b>M Pork Sausages</b> <b>(H) Sausages</b> <b>V. Vegetarian Sausages</b> <b>Served with potato wedges or pasta, baked beans or peas</b> <b>D. Chocolate Crunch</b>	<b>M. Chicken Bites with Barbecue Dip</b> <b>(H) Chicken Bites with Barbecue Dip</b> <b>V. Cheese Filled Bap</b> <b>Served with rice or pasta peas and carrots</b> <b>D. Iced Sponge Cake</b>
<b>Tuesday</b> 	<b>M. Pork Sausage Roll</b> <b>V. Cheese and Tomato Pizza Slice served with pasta, baked beans or peas</b> <b>D. Sticky Toffee Pudding with Custard</b>	<b>M. All Day Breakfast with Sausage, Bacon, hash brown and beans</b> <b>V. Vegetarian Sausage with hash brown, beans or sweetcorn</b> <b>D. Fruity Flapjack</b>	<b>M. Cottage Pie</b> <b>V. Baked Beans on Toast</b> <b>Served with pasta, baked beans or sweetcorn</b> <b>D. Apple and Shortcake Biscuit</b>
<b>Wednesday</b> 	<b>M. Roast Chicken</b> <b>V. Broccoli Cheesey Bake</b> <b>Served with roast or creamed potatoes, carrots, sweetcorn and gravy</b> <b>D. Fruit Cocktail and Ice Cream</b>	<b>M. Roast Turkey</b> <b>V. Vegetarian Roast</b> <b>Served with roast or creamed potatoes carrots, peas, gravy</b> <b>D. Fruit Filled Meringue Nest</b>	<b>M Roast Pork</b> <b>V. Vegetarian Burger</b> <b>Served with roast or creamed potatoes, carrots, green beans and gravy</b> <b>D. Banana Pancakes</b>
<b>Thursday</b> 	<b>M. Beef Lasagne</b> <b>V. Vegetable Lasagne with Garlic Bread, peas and sweetcorn</b> <b>D. Iced Carrot Cake</b>	<b>M. Cheese and Ham Pizza</b> <b>V. Egg and Tomato Pasta Pot</b> <b>Served with pasta, peas and sweetcorn</b> <b>D. Pineapple Sponge and Custard</b>	<b>M. Bacon Bap</b> <b>V. Sweet Potato and Lentil Curry with Rice</b> <b>Served with pasta, baked beans or peas</b> <b>D. Sticky Chocolate Slice and Chocolate Sauce</b>
<b>Friday</b> 	<u><b>Bag a lunch</b></u> <b>M. Fish Fingers</b> <b>V. Cheese and Tomato Quiche</b> <b>Served with golden fries or pasta, vegetable sticks and ketchup</b> <b>D. Chocolate Cookie with Milk Drink</b>	<u><b>Bag a lunch</b></u> <b>M. Breaded Fish</b> <b>V. Cheese Wheel</b> <b>Served with golden fries or pasta, vegetable sticks and ketchup</b> <b>D. Custard Biscuit and Milkshake</b>	<u><b>Bag a lunch</b></u> <b>M. Fish Bites</b> <b>V. Vegetable Sausage</b> <b>Served with golden fries or pasta, vegetable sticks and ketchup</b> <b>D. Ice Cream Tub</b>

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Monday		9	16	23	30		7	14			28			4	11	18	25				2	9	16
Tuesday	3	10	17	24		1	8	15			29			5	12	19	26				3	10	17
Wednesday	4	11	18	25		2	9	16			30			6	13	20	27				4	11	18
Thursday	5	12	19	26		3	10	17			31			7	14	21	28				5	12	19
Friday	6	13	20	27		4	11	18						1	8	15	22	29			6	13	