



**Fresh fruit salad and yoghurts are available daily as a dessert alternative.**



|   | Week 1  | Week 2  | Week 3   |
|---|---|---|--|
| <b>Monday</b><br>     | <b>M Pork Sausages</b><br><b>(H) Chicken Sausages</b><br><b>V. Vegetarian Sausages</b><br><b>Served with potato wedges, baked beans or peas</b><br><b>D. Chocolate Shortcake and Custard</b>      | <b>M. Beef Bolognaise</b><br><b>(H) Beef Bolognaise</b><br><b>V. Quorn Bolognaise</b><br><b>Served with pasta, peas and carrots</b><br><b>D. Fruity Flapjack</b>                                    | <b>M. Crispy Chicken Fillets</b><br><b>(H) Crispy Chicken Fillets</b><br><b>V. Vegi Nuggets</b><br><b>Served with rice, peas and sweetcorn</b><br><b>D. Chocolate Cornflake Crunch</b>         |
| <b>Tuesday</b><br>    | <b>M. Bobotie (mince bake with cheese topping)</b><br><b>V. Bobotie (quorn mince with cheese topping)</b><br><b>Served with yellow rice, sweetcorn and peas</b><br><b>D. Blueberry Pancakes</b>   | <b>M. Ham and Cheese Pizza</b><br><b>V. Cheese and Tomato Pizza</b><br><b>Served with potato wedges, baked beans or optional veg</b><br><b>D. Pineapple Sponge and Custard</b>                      | <b>M. Beef Lasagne</b><br><b>V. Vegetable Lasagne with garlic bread and mixed vegetables</b><br><b>D. Sticky Toffee Pudding and Ice Cream</b>  |
| <b>Wednesday</b><br> | <b>M. Roast Chicken</b><br><b>V. Cheesey Broccoli Bake</b><br><b>Served with roast or creamy mash, carrots, green beans and gravy</b><br><b>D. Fruit Cocktail and Ice Cream</b>                   | <b>M. Roast Turkey</b><br><b>V. Quorn Roast</b><br><b>Served with roast potatoes or creamy mash, carrots, peas, gravy</b><br><b>D. Fruit Jelly and Ice Cream</b>                                    | <b>M Roast Pork</b><br><b>V. Vegetarian Burger</b><br><b>Served with roast or creamy mash, carrots, sweetcorn, and gravy</b><br><b>D. Fruit Filled Meringue Nests</b>                          |
| <b>Thursday</b><br> | <b>M. All Day Breakfast with Sausage, Bacon, hash browns and baked beans</b><br><b>V. Vegetarian Sausage with hash browns, beans or optional veg</b><br><b>D. Chocolate Orange Mousse Cake</b>    | <b>M. Pork Sausage Roll</b><br><b>served with pasta, baked beans or sweetcorn</b><br><b>V. Chakalaka (mixed beans/pulses in a tomato sauce) and Cous Cous</b><br><b>D. Iced Sponge Cake</b>         | <b>M. Chicken Curry and Rice</b><br><b>V. Vegetable Curry and Rice</b><br><b>Served with peas, sweetcorn and naan bread</b><br><b>D. Raspberry Shortcake and Custard</b>                       |
| <b>Friday</b><br>   | <u><b>Bag a lunch</b></u><br><b>M. Fish Fingers</b><br><b>V. Vegi Burger</b><br><b>Served with golden fries or pasta, vegetable sticks and ketchup</b><br><b>D. Custard Biscuit and Milkshake</b> | <u><b>Bag a lunch</b></u><br><b>M. Breaded Fish</b><br><b>V. Vegi Sausage</b><br><b>Served with golden fries or pasta, vegetable sticks and ketchup</b><br><b>D. Chocolate Cookie and Milkshake</b> | <u><b>Bag a lunch</b></u><br><b>M. Fish Bites</b><br><b>V. Cheese Bap</b><br><b>Served with golden fries or pasta, vegetable sticks and ketchup</b><br><b>D. Golden Flapjack and Milkshake</b> |

| Week      | September | 1  | 2  | 3  | 1  | October | 1 | 2 | 3 | 1  | Half Term | November | 2  | 3  | 1 | 2 | 3  | December | 3  | 1  | 2  |  |  |   |    |    |    |
|-----------|-----------|----|----|----|----|---------|---|---|---|----|-----------|----------|----|----|---|---|----|----------|----|----|----|--|--|---|----|----|----|
|           |           |    |    |    |    |         |   |   |   |    |           |          |    |    |   |   |    |          |    |    |    |  |  |   |    |    |    |
| Monday    |           | 7  | 14 | 21 | 28 |         |   |   | 5 | 12 |           |          | 19 |    |   | 2 | 9  |          | 16 | 23 | 30 |  |  | 7 | 14 |    |    |
| Tuesday   |           | 8  | 15 | 22 | 29 |         |   |   | 6 | 13 |           |          | 20 |    |   | 3 | 10 |          | 17 | 24 |    |  |  | 1 | 8  | 15 |    |
| Wednesday |           | 9  | 16 | 23 | 30 |         |   |   | 7 | 14 |           |          | 20 |    |   | 4 | 11 |          | 18 | 25 |    |  |  | 2 | 9  | 16 |    |
| Thursday  |           | 10 | 17 | 24 |    |         |   |   | 1 | 8  |           |          | 15 | 22 |   |   | 5  |          | 12 | 19 | 26 |  |  |   | 3  | 10 | 17 |
| Friday    |           | 11 | 18 | 25 |    |         |   |   | 2 | 9  |           |          | 16 | 23 |   |   | 6  |          | 13 | 20 | 27 |  |  |   | 4  | 11 | 18 |