

Stoke Hill Federation

Newsletter



Friday 15th June 2018



Normal Magic

Across the Federation we are continuing to look at the 10 things we can do each day to keep mentally healthy. This really is a kind of *'normal magic'* to help you along your day, whatever age you are.

With this newsletter we are attaching the two sided '10 a Day' poster we are using across the Federation. You might want to print this off and stick up somewhere handy at home. Alternatively, there are paper copies on the Parent Information Tables at both schools and in the nursery cloakroom too, so do take a copy if you prefer.

Why not rate your child on the things they do in a day to keep mentally healthy? *'Good habits start young'* the saying goes, so help make taking '10 a Day' a habit for your child, a habit that may well keep them mentally healthy for life.

Getting to School at the Right Time

We have noticed that over the last few weeks with the lighter mornings some of the children at the Junior School are arriving very early and being left unsupervised on the path.

This is clearly not the safest situation for children to be in. If you need to drop your child off early to get to work on time please make use of our Breakfast Club – you can find out how to book places by ringing the school office.

Just a reminder of our timings:

Infant School

Doors open 8.50am
School Starts 9.00am

Junior School

Doors Open 8.30am
School day starts 8.40 am

Stoke Hill Infant and Nursery School
01392 258894

Stoke Hill Junior School
01392 667830



We have places in our Nursery for September 2018 still available

Local families tend to think our lovely Nursery is 'always full' and are sometimes discouraged to apply...

This is such a shame, as we DO have places available for September 2018 and would love to welcome new three and four year olds to explore and learn with us.

Call Linda in our office (258894) to arrange a visit to see for yourself our nurturing and inspiring nursery and the wonderful children who learn there.

Packed lunch anyone?

School meals are a great choice, but perhaps the warmer weather is tempting you to send your child to school with a packed lunch.

Get hints and tips on what a lunchbox should contain as well as lots of easy-to-prepare ideas your child will love by clicking on the links below, which will take you to these great websites:

BBC Good Food and change4life

<https://www.bbcgoodfood.com/howto/guide/school-packed-lunch-inspiration>

<https://www.nhs.uk/change4life/recipes/healthier-lunchboxes>

Junior School Summer Fair

The Summer Fair is one of the major events of the school year. Please join us next **Friday 22nd June, 4.30pm – 6.00pm** for a fun, relaxing and enjoyable family event.

If possible, please purchase tickets in advance. These cost £1.50 and can be exchanged for food at the Fair. This will give us an idea of the numbers we need to cater for. Our school ambassadors are selling tickets before and after school – look out for them in their hi-viz jackets.

Next Friday the children can bring in a donation for either the tombola, toys and games or book stalls in return for wearing non-uniform for the day.

Great Stoke Hill Bake Off 4

We are again challenging you to see if you can be the best baker at the Junior School.

As usual, there are 3 categories – best **cake**, **biscuits** and **fairy cakes**.

Cakes need to be brought into school on Thursday 21st June for judging, before the cakes are sold at the Summer Fair on the Friday.

Please remember that there should be **NO NUTS** in anything you bake, and that we have very limited fridge space for fresh cream products.

On your marks...get set...BAKE