# The Foundation Stage

# earning Letter

# This term's projects

This term's project is 'Healthy World, Healthy Me'. We've been working hard in the Foundation garden, digging and planting flowers and vegetables. We hope that plenty of insects will enjoy visiting the flowers that we are growing.

Your child may have told you about the 'Fun Run' that we had at the start of this term – even the grown ups made a big effort to run 1000 steps on a sunny Friday afternoon! We are continuing to explore the importance of a healthy lifestyle and the effects of exercise on the body.

We are looking forward to our Sports Afternoon which is taking place later this half term. We also plan to go to Exeter Arena for a morning of athletics. Next half term we have a visiting artist who will be working with the children to develop their drawing skills.

### **Mathematics**

Our young mathematicians will be solving a range of addition and subtraction number problems by counting on or back to find the answer. You could practice this in everyday situations at home.

We will develop the children's understanding of doubling and halving through practical activities.

The children will use everyday language to make comparisons and solve problems relating to weight, length, time and capacity.

## Literacy

We are learning to retell the fable of 'The Hare and the Tortoise' which links with our theme of keeping fit and healthy. We will be developing our story writing skills over the course of the term and encouraging the children to write independently for different purposes.

In 'Letters and Sounds' the children are continuing to develop their phonic knowledge, applying this to both reading and writing. They are also learning to read and write irregular (tricky) words.

If parents want to give their children a gift, the best thing they can do is to teach their children to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning. That way, their children don't have to be slaves of praise. They will have a lifelong way to build and repair their own confidence.

Carol Dweck





## How you can help

#### At home:

Why not try making a healthy fruit kebab with your favourite fruits?

#### Go to:

https://www.nhs.uk/change4life/ac tivities#TyPvE7Zg312X5jz9.97 to find lots of fun ways to keep fit and healthy.

#### Visit:

Haldon Forest, Decoy Country Park or Exmouth beach – all beautiful and all for free!

#### Look out for:

Opportunities to walk, climb, cycle or get exploring with Devon Wildlife Trust <a href="www.devonwildlifetrust.org">www.devonwildlifetrust.org</a>





The children had an extremely busy spring term in Foundation. Here is a brief reminder of some of the highlights:

- Your child's first Family Assembly. A lovely opportunity for them to share their learning with you. We are sure you were as proud of the children as we were.
- 'Question writing': what did the children want to find out about machines?
- Investigating some 'Marvellous Machines' including sewing machines, bicycles and clocks.
- Creating our own machine inventions using a range of construction materials.
- A visit to Cricklepit Mill where we learned about how the water mill operates.
- Using our imaginations to move like machinery in a dance session with Lizzie Swinford.



## Your journey to school

How many different ways can you travel to school? Could you do something different on each day of the week? What about your journey home?

Monday: scoot

Tuesday: jog

Wednesday: cycle

Thursday: skip

**Friday: ?????** 



Inspire

Discover



Succeed



