

Year 1 Science W.B 27.04.20

Dinosaur Diets

This week we are going to move away a little from dinosaur diets and look at Human diets. Here is how you can learn all about them:

1. Watch some of the **BBC Bitesize videos** to learn about healthy human diets and what we need to put in our bodies to keep us happy and healthy.
2. Look at the '**Human Diets**' **PowerPoint** to learn about the different Human Diets.
3. Keep a diary of all the food you eat throughout this week. Include breakfast, lunch, dinner and snacks. To create your food diary you could draw and label pictures of your meals, take photos and label them or just write it all down.
4. When your food diary is complete, email your teacher the answer to this question: if you were a dinosaur, would you be a herbivore, carnivore or omnivore? How do you know this?

To continue your learning you could:

- Talk to your family or friends about their diets. Is anyone you know a vegetarian or vegan? How are their diets different to yours?
- Use 'Zoom' or Skype to talk to some friends about their food diary. Are your diets different? If they were a dinosaur would they be a carnivore, herbivore or omnivore?